



Fourth Annual 5 de MAYO 5K and Fun Run

FIESTA MARKET

PANADERIA AZTECA

ROCKFORD ROAD RUNNER'S CIRCUIT RACE

The course is mostly flat with a combination of trails and bike paths that go through **Spencer Park**. At 11:00 am you also will have the chance to join Belvidere citizens to celebrate this holiday with authentic Mexican food and music at the festival at the parking lot at Fiesta Market and Kmart. At the end of the race, we will have sombreros, door prizes, and some other surprises, you won't regret it!

DATE: Saturday May 2, 2009 EVENTS: 5K at 8.00 am and 1/4 MILE Fun Run immediately after the last 5k runner.

PLACE: Spencer Park 603 N. Appleton Rd. Belvidere, IL 61008 behind the Cemetery. Follow the signs in the park.

COST: \$ 25 prior to May 2, 2009 Rockford Road Runners \$23 before May 2, 2009.

\$15 Students up to High School and /Wildcats' members, \$25 day of the race

\$ 30 the day of the race for all adults . Late registration from 6.45 am to 7.45 am (late entries will get T-shirt only if available)

Walkers are welcome to participate, same fees apply. **Fun run for children free!! However they need to fill out a registration form with parents' signature before the race. If children want a T-shirt the cost is \$12 only if register before the deadline.**

ENTRY INCLUDES T-shirt (if entry received by deadline on May 1st), post-race refreshments, and use of trails on the day of the race.

RACE PACKET Pick-up: Friday May 1th at Alerta's office at 130 E. State St. Belvidere, IL 61008 from 4:30 pm to 6 pm.

DIVISIONS: Male's and Women's 5k

03-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55- 59 60-64 65-69 70+

PRIZES: Overall male and female 1st place \$150, 2nd Place \$100, 3rd Place \$50 . Medals and sombreros for the winners in each age group.

MAIL ENTRY TO: Cristina Gloria, 1740 Pearl St. Belvidere, IL 61008 **CHECKS PAYABLE TO: ALERTA**

Questions: Call Cristina Gloria at (815) 540-8841 or e-mail cristinagloria_1@yahoo.com or call Sergio del Real at 815- 540-2723.

ENTRY FORM

NAME: _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

Birthday ___ / ___ / ___ Age group _____ Event 5k _____ Fun Run _____

Male ___ Female _____ T-shirt size S ___ M ___ L ___ XL _____

Rockford Runner Member Yes ___ No ___ Wildcats member Yes ___ No ___

WAIVER MUST BE SIGNED

In consideration of being permitted to participate in the 5 de Mayo Race, I, the undersign, in full recognition and appreciation of the dangers and hazards inherent to recreational activities and outings and to this activity specifically, including but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic, and the conditions of the trail do hereby voluntary agree to assume all associated risks and responsibilities to which I may be exposed during transportation to and from the activity and during my participation in the activity. Further, I do, for myself, my heirs, successors, assigns, and personal representatives, hereby agree to waive and release ALERTA, the city of Belvidere, Spencer Conservation Park, Rockford Road Runners, their representatives, all race sponsors, all officials and volunteers assisting with the race from all claims or liabilities of any kind arising out of my participation in this activity even though the liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver. I also attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed doctor.

PARTICIPANTS SIGNATURE _____ DATE _____

PARENTS' SIGNATURE (if under 18 yrs old) _____ DATE _____

