

# ROCK CUT RENDEZVOUS TRAIL RUNNING FESTIVAL

Sept 18-20, 2009

**10k Nite Race**      Organic Cotton shirt size \_\_\_\_\_      RRR member=\$30 \_\_\_\_\_  
Pre-entry      =\$35 \_\_\_\_\_

**25k Trail Race**      Woolie Boolie SOX size \_\_\_\_\_      RRR member=\$45 \_\_\_\_\_  
Long Sleeve TECH shirt size \_\_\_\_\_      Pre-entry      =\$50 \_\_\_\_\_

**50k Trail Ultra**      Woolie Boolie SOX size \_\_\_\_\_      RRR member=\$55 \_\_\_\_\_  
Long Sleeve TECH shirt size \_\_\_\_\_      Pre-entry      =\$60 \_\_\_\_\_

EACH RACE = 200 ENTRY LIMIT

ALL RACE DAY ENTRIES = ADD \$10

**TRIPLE CROWN**      Nylon Jacket size \_\_\_\_\_      RRR member = \$100 \_\_\_\_\_  
(All Three Races)      All others      = \$110 \_\_\_\_\_

Make check out to and mail: Rock Cut HOB0, 5425 Bennett St, Loves Park, IL 61111

Or go to Active.com

NAME \_\_\_\_\_ Sex M/F \_\_\_\_ Age \_\_\_\_

ADDRESS \_\_\_\_\_ Birthdate \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

## WAIVER AND RELEASE:

I, (print name) \_\_\_\_\_ understand that there are certain risks in participating in the 2008 HOB0 Runs, and certify that I am properly trained and prepared. I, my heirs, executors, and my estate will hold harmless the race director and any volunteers, the Rockford Road Runner, Inc, Rock Cut State Park, the IDNR, sponsors, and all others involved with this race.

Signature \_\_\_\_\_ Date \_\_\_\_\_